



GEL2530/GEL3530 - Geology of the Colorado Plateau Fieldtrip
COOKING CREW VOLUNTEER APPLICATION
 Please complete the entire application to be considered!



COOKING CREW VOLUNTEERS & FREE TRIP COST

Fees can be waived for those volunteering as cooks as long as you are NOT enrolled in the course(s).

QUALIFICATIONS:

You may volunteer as cooking crew for the Colorado Plateau Trip and will NOT have to pay any trip cost if you meet the following 4 criteria and are willing to abide by the specific regulations mentioned hereafter:

- You should be a MSU Denver student or alumni.
- You can NOT be enrolled in either GEL2530 or GEL3530 while serving as cooking volunteers
- You must have prior experience in cooking for large groups and/or during camp-outs

APPLICATION:

You MUST apply to become a volunteer cook for the trip and have your fee officially waived. Please complete the attached application form. The trip leaders, Dr. Uwe Kackstaetter and Dr, James Cronoble, will select the best two qualified candidates for the volunteer cook position.

DEADLINE: Completed applications must be received by MARCH 15 of the YEAR of the trip to be considered. Please send completed applications by mail or email to

*Uwe Richard Kackstaetter, Ph.D. (Dr.K), Office SI2025
 Associate Professor of Geology
 Department of Earth & Atmospheric Sciences, Metropolitan State University of Denver
 Campus Box 22 P.O.Box 173362, Denver, CO 80217-3362
kackstae@msudenver.edu*

COOKING CREW RULES AND REGULATIONS:

You MUST signify that your are willing to comply with the following rules and regulations. Please initial each and sign below:

initial	You must compile a menu plan for each trip day and an approximate budget. Include shopping stops (when? where?) in your plan. This plan is to be submitted and approved by trip leaders 3 weeks before the trip.
initial	You must commit to go shopping before the trip and help organize and prepare the field trip trailer.
initial	You must be willing and able to get up at 6:00am every morning to begin preparations for breakfast.
initial	You must ensure clean-up after each meal, especially in the evening. You may ask for help from students. The responsibility for complete kitchen / meal clean-up, however, rests solely with you.
initial	Snack food & drinks, especially fruits / vegetables must be available to students and trip participants at ALL times. Infractions of drink / food hogging should be dealt with sensitively together with the trip leaders.
initial	Upon our return to camp, cooking / preparation for dinner must commence immediately. On occasion you may even need to return earlier than the field trip participants to start the evening meal. Dinner should not be served later than 1 hour after arriving back at camp from the day's activities. Plan and prep accordingly.
initial	After the trip you must be willing to help with cleaning the trailer and stowing equipment for the next trip. Perishables should be removed and distributed or thrown away. All greasy / dirty kitchen equipment should be meticulously cleaned and readied for next trip. All trash needs to be removed and disposed.
initial	You must be courteous and polite to trip participants and trip leaders at all times even in stressful situations. You also should report inappropriate behavior / responses of trip participants immediately to the trip leaders.

I, the undersigned, agree and will comply with the rules and responsibilities as outlined above. I understand further that I can be relieved from my volunteer position if supervising trip leaders deem any of my infractions severe enough at which point I shall be liable for my own transportation back to Denver and any cost incurred thereby.

 (Signature)

 (Date)

COOKING CREW VOLUNTEER APPLICATION

Please complete this Application Form and return to Dr. Kackstaetter as indicated above:

<i>Last Name:</i>		<i>First Name:</i>	<i>Date:</i>
<i>Student ID:</i> 900 -	<i>Email:</i>	<i>Phone (cell preferred):</i>	<i>Alternate contact:</i>
<i>Address:</i>		<i>City, State</i>	<i>ZIP:</i>
<i>I am currently (check one):</i> Freshmen Sophomore Junior Senior Alumni Grad. <i>Year:</i>	<i>I have previously taken :</i> GEL2530 GEL3530	<i>My Major / Concentration:</i> <i>My Minor:</i>	<i>Valid Driver's License:</i> YES NO

Background and Experience in Food Preparation (Please describe and highlight any pertinent experience for the volunteer position):

YES, I have Experience in Cooking for Larger Groups! If yes, what group size:

Background and Experience in Camping and Outdoors (Please describe and highlight any pertinent experience for the volunteer position):

YES, I have Experience in Outdoor Living / Camping!

Give an ingredient shopping list and sample menu for a camping dinner with access to limited refrigeration for a group of 12 people.

SAMPLE MENU with description of preparation:

INGREDIENT SHOPPING LIST with estimated amounts and pricing:

COOKING CREW VOLUNTEER LIABILITY WAIVER

Name (Print):

Student ID: 900

All participants **MUST INITIAL & SIGN** this **LIABILITY WAIVER** in order to be eligible to volunteer!

All students participating in field trips taught by the Department of Earth and Atmospheric Sciences (EAS) should be aware that there is always an element of risk in such trips. These risks involve travel by vehicles, including commercial, state, and private vehicles, and in certain cases travel by canoes and rafts, walking as pedestrians on or near roadways, as well as strenuous hiking in mountainous terrains which are sometimes in remote areas. Instructors will use all reasonable precautions and students need to exercise prudent behavior during field trips, but even then there exists the possibility of an accident. Students need to assess their own physical abilities and not exceed their capabilities. Students must be alert and aware of possible risks and dangers during field trips.

Policies, Rules & Regulations for ALL Participants

Read carefully and **initial each item** on the line provided. Your initial indicates *FULL* understanding and acceptance of each policy, rule &/or regulation.

- _____ All students are under the professional responsibility concerning the consumption of alcohol, as well as impairing drugs and medications. To keep all involved safe, a “no drinking” policy will be enforced for ALL students.
- _____ Smoking will NOT be permitted during the trip and in the vehicles (A great time to quit!!!) unless there is a designated smoking area in / at those places we visit. Because of eminent fire dangers in the many areas visited, absolutely NO smoking will be allowed during field hikes or outside designated areas. Students who smoke should be considerate of nonsmokers during field trips.
- _____ On overnight trips, there will be strict enforcement of “quiet hours.” Quiet hours will begin at 10:00 PM and will extend until 6:00 AM the next day. During this time, there will be no loud music, boisterous activity, or other disturbance allowed.
- _____ No firearms are allowed on field trips.
- _____ Students with medical problems, including but not limited to asthma and allergies, **must** consult with instructor prior to participating in field trips. Such students **must** carry appropriate medications with them AT ALL TIMES during the field trip. In case of a medical emergency during the field trip, such students must be prepared to pay for expenses incurred for their evacuation.
- _____ Students will exercise good common sense at all times.
- _____ Students who violate any local, state, or federal statutes or who violate any of the field trip policies or stipulations or who fail to conform to directives from the instructor may be immediately dismissed from the field trip. The instructors have the right to terminate any driver or other student found in violation of these responsibilities, and such actions will terminate him or her from continuing on the trip. The fees already submitted shall be non-refundable in such cases. Terminated drivers of vehicles with passengers may also be responsible for additional charges accrued by their passengers for trip continuance, e.g., rental car. Such students may also be subject to a failing grade in the course, be required to withdraw from the course, and be subject to disciplinary action by the University.

Policies, Rules & Regulations for Drivers and/or Personal Vehicle Use

Read carefully and **initial each item** on the line provided IF APPLICABLE. Your initial indicates *FULL* understanding and acceptance of each policy, rule &/or regulation.

- _____ All drivers of either private, leased, or state vehicles must have valid driver's licenses.
- _____ All drivers of State vehicles must attend and pass the required training meeting at the University of Northern Colorado Motor Pool facilities. Contact Dr. K for details if you desire to drive a State vehicle.

_____ All drivers of private vehicles must have current insurance coverage as required by Colorado law.

Students should be aware of the State of Colorado liability insurance situation as follows:

Use of Personal Vehicle - Auto Liability

When an employee or student uses their personal vehicle for university business or to transport other students on authorized field trips, the student's or employee's personal automobile policy will provide the primary coverage if an accident or car damage occurs.

If the limits of the policy are not sufficient to cover the damages, the State self-insured liability coverage may be effective, but as extended coverage only. This extended coverage is in force only when the vehicle is being used for business purposes and not when in use for personal reasons.

Colorado no longer requires that medical bills that result from an accident be paid from each driver's insurance immediately regardless of fault (formerly "Personal Injury Protection"). Insurance companies now operate on the basis of legal liability for negligence, which is a more complex process especially when negligence is disputed or shared. Injured parties must now either pay the bills themselves or submit them to their own health insurance company. Companies that provide benefits under such circumstances typically require the injured party to agree that the health insurance company will be reimbursed from any judgment or settlement against a negligent driver.

Further, students driving their personal vehicles are responsible for any damage to their vehicles related to road damage, including, but not limited to, tire, oil pan, and body damage.

In consideration of my being permitted to participate in this activity, I, the undersigned hereby: release and hold harmless the Trustees of Metropolitan State University of Denver, the Department of Earth and Atmospheric Sciences, and respective employees, from all claims, losses, damages, or expenses because of property damage or personal or bodily injury incurred or caused by me during or in conjunction with the above mentioned activity. In filling out this form, I acknowledge that I fully understand the risk that is inherent to off-campus activities. Furthermore, I have fully read and understand the department policies and my liability and do accept the restrictions.

Print Name

Date

Sign Name (Additionally, Sign Name on Sign-Up sheet)